

Body Systems Unit Plan

Week One

Monday – organ systems chart using the textbook or internet

Tuesday – play the sciTunes digestive song It Takes Guts while students take notes

Wednesday – discuss nutrient and what needs to go into a digestive system

Thursday – Moving Along Lab

Friday – create a cartoon showing food going through the digestive system

Week Two

Monday – notes on the respiratory system from the PowerPoint

Tuesday – Hold It in Lab

Wednesday – research respiratory issues and share findings with the class

Thursday – Breathing in Action Lab

Friday – video on respiratory system

Week Three

Monday – notes on the skeletal system from the PowerPoint

Tuesday – Creating Joints Lab

Wednesday – graphic organizer of the skeletal system and joints

Thursday – Muscle Web Quest

Friday – video on the skeletal and muscular system

Week Four

Monday – Muscle Fatigue Lab

Tuesday – notes on the nervous system from the PowerPoint

Wednesday – brain stations

Thursday – show Brain Games video and then take a quiz

Friday – notes on the circulatory system from the PowerPoint and label the heart

Week Five

Monday – Heart Meets Resistance Lab

Tuesday – research why people have high blood pressure and how heart attacks happen

Wednesday – introduction to the Create an Alien project

Thursday – work time for the project

Friday – work time for the project

Week Six

Monday – finish project and turn it in

Tuesday – present aliens to the class

Wednesday – study guide

Thursday – test

Friday – Pushing the Limits video