#### How Does the Respiratory System Work?

### What is the function of the respiratory system?

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- To get oxygen from the environment into the body
- To remove carbon dioxide and other waste products from your body

# How do the gasses get to and from the cells?

#### How do the gasses get to and from the cells?

- Oxygen enters your body when you inhale
- Transported to the cells by red blood cells
- Cells use oxygen and glucose to release energy
- CO<sub>2</sub> is the waste product and high levels can damage cells
- The blood takes CO<sub>2</sub> back to the lungs



- 1. Nose and Mouth
  - Air enters and is filtered by the cilia (tiny hairs)
  - Mucus (sticky liquid) traps particles
  - Nasal cavity warms air
- 2. Trachea
  - Windpipe, tube like structure where air passes through
- 3. Epiglottis
  - Keeps air from entering stomach and food from entering the lungs



- 4. Lungs
  - Large organs located on either side of your heart
- 5. Bronchial Tubes
  - Moves air into the lungs
  - Branches through the lungs into smaller tubes
  - Moves air into alveoli
- 6. Alveoli
  - Tiny air sacs with walls only one cell thick
  - Air passes and diffuses into the blood
  - CO<sub>2</sub> waste passes from blood into alveoli





Healthy Lung

#### **Unhealthy Lung**

#### 7. Rib Cage

- Encloses a space called the thoracic cavity
- Ribs are connected by cartilage allowing it to expand
- 8. Diaphragm
  - Large muscle that contracts (pulls downward) when you inhale and pulls in air





#### SPEECH AND THE RESPIRATORY SYSTEM

- 1. Air from lungs is forced between vocal cords
- 2. Vocal cords vibrate
- 3. Sound waves generated
- 4. **Sound waves** are shaped to form specific sounds.
- 5. Sound waves travel through air and become **speech**

#### OTHER MOVEMENTS OF THE RESPIRATORY SYSTEM

- Coughing
- Sneezing
- Sighing
- Yawning
- Laughing
- Hiccupping
- Etc.



Respiratory Video from Kids Health